

Aims of the Camp.

The aims of the Mike Trader's Mid-America Basketball School will be to teach and develop individual skills and to have fun. The daily schedule will include league games and contests. Players will be divided into separate leagues according to age. Fundamentals will



be stressed. Individual drills and training techniques to develop strength, endurance, quickness and jumping ability will be taught. Each camper will be analyzed with the assistance of individual video and attention given to individual technique/correction. Lectures, demonstrations and competition will be according to age level and ability so each camper will have an opportunity to excel.

One of the outstanding features at Mike Trader's Mid-America Basketball Camp is that each camper will have their shot digitally recorded and analyzed by a coach during camp.

Camps Include .



- Digitally recorded shot analysis
- Individual skill testing/ instruction
- Supervised league games
- Olympic style award medals Written off-season work
- 1 on 1, 3 on 3 contests
- Camp photo
- All-star game
- Championship staff
- Camp & age championships
- · Off-season workout plan
- All you can eat food policy

- Camp t-shirt
- Every camper is a starter
- Skill testing performed and analyzed by camp instructor
- Written off-season work out program



The Camp Director —



Mike Trader's affiliation with this camp extends back to 1974. He has helped teach thousands of campers over the past 45 years.

Under Trader's guidance, he helped develop the 1st, 4th, 5th, 7th and 10th All-Time Leading Scorers in Hastings College history. He is widely known for his outstanding teaching and development of players along with his emphasis on fundamentals and disciplined team play. These same

qualities among others will be emphasized at his camps as well.

Trader's coaching experience included three years at Omaha Northwest, an eight-year tenure as head basketball coach at Omaha Bryan, head coach at Hastings High and 16 years as head coach at Hastings College.

At Hastings College, his teams averaged over 19 wins per season. His 1988-89 & 1994-95 teams reached the Elite Eight at the National Tournament. Each of those teams won 27 games which are school records for wins. Trader was recognized as District or Conference Coach of the Year five separate times and was honored in 1988 as the Omaha World Herald's State College Coach of the Year.

In 2007-2008, Coach Trader helped guide the Hastings St. Cecilia team to a 22-2 record and a State Championship.

Staff ...

As one of the most popular and successful camps in the Midwest, Coach Trader will assemble an outstanding staff of college and high school coaches that will work with you to develop your skills and fundamentals. Coach Trader believes in hiring the best and most enthused coaches possible. In addition, Larry Ribble and Bill Gavers of Hastings College will help Coach Trader in directing the camps. Each day fundamentals, skills, and techniques will be emphasized and covered thoroughly by our outstanding coaches and counselors.

Trey Bardsley

Trey was an All-American and Player of the Year. Trey leads a list of outstanding coaches and counselors that will help direct the camp.



Chatrice was an All-State Basketball Player at Shelby High School. She played college basketball at Illinois and Florida State. She is currently playing

professional basketball overseas.





Specializing in Custom Screen Printing, Embroidery & Team Uniforms
Ph: 308-398-1154 Fax: 308-398-1155
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MIKE TRADER'S 2020 Mid-America BASKETBALL CAMP

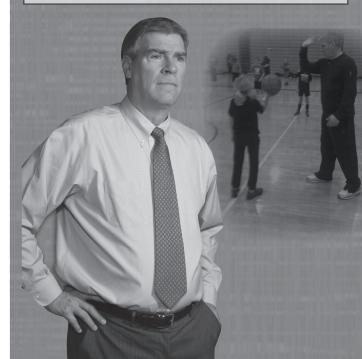
NORFOLK FAMILY YMCA

Boys & Girls – Ages 7-18
June 22 - 25

Monday, June 22: Registration 8:30 - 10:00

Camp 10:00 - 4:00

Tuesday, June 23: Camp 9:00 - 4:00 Wednesday, June 24: Camp 9:00 - 4:00 Thursday, June 25: Camp 9:00 - 12:00



Norfolk Family YMCA 301 W. Benjamin Ave. Norfolk, NE

BOYS & GIRLS COMMUTER CAMP Ages 7-18

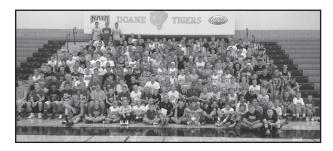
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ADDITIONAL INFORMATION WILL BE SENT ONCE YOU HAVE REGISTERED.



Health and Insurance

We have a fully equipped and staffed training room and a qualified athletic trainer. We ask each attending camper to be covered by his own personal or family accident and illness insurance. Please list your personal or family insurance company on the application blank on the back page of this form, along with other pertinent insurance information. Campers who do not have personal or family insurance are responsible for their own insurance and must show proof of coverage to attend camp.





Enrollment ___

The School is open to boys and girls for commuters from 7 years of age through the 11th grade. An advance registration, non-refundable deposit of \$35 must accompany each application or you can register online at **www.traderscamp.com**. Complete confirmation information will be sent upon receipt of camp application and deposit. The balance is due at registration time. Attached is an application form which should be filled out and sent at once to:

Mike Trader P.O. Box 86 • York, Nebraska 68467-0086

Day Camps at Norfolk Family YMCA

Individual Day Camps will be held at Norfolk Family YMCA (boys and girls, ages 7-18). The emphasis on these camps will be on shooting, dribbling, and passing. The daily schedule will include league games and contests. Players will be divided into separate leagues according to age.



Boys & Girls - Ages 7-18

June 22 - 25

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Camp 10:00 - 4:00

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Application for Admission

If you have a friend who would like to attend camp, please make copies of this application. Fill out and mail with a check for \$35 (non-refundable deposit) to:

Mike Trader

P.O. Box 86 • York, Nebraska 68467-0086 • Phone: 402-960-8011 Email: mtrader@hastings.edu • Web site: www.traderscamp.com

REGISTER ONLINE www.traderscamp.com

Male

Female

Name:

Address

City, State, Zip Code

responsible for any consequence resulting from such injuries. We, the undersigned parents or guardians of the above named minor, do hereby authorize the director of the Mike Trader's Mid-America Basketball Camp or his designee to select hospital facilities and/or a physician of his choice and authorize treatment of the above-named camper on an emergency basis in the event such treatment becomes necessary as a result of the participation in the Basketball Camp. We hereby grant permission for him/her to participate in the Basketball Camp and acknowledge the fact that he/she is physically able to participate in camp activities. I will be responsible for all medical bills incurred as a result of illness or accidents for which medical treatment is necessary while the above applicant is at Camp. I declare that I am the father/mother/guardian of the above-named minor.

I hereby certify that the Mike Trader's Mid-America Camp Staff has full and unconditional authority to proceed with diagnosis and treatment as judgement indicates for injuries

during camp. The Mike Trader's Mid-America Basketball Camp shall not be held

Signature:	Date: